

SPECIFIC - MEASURABLE - ACHIEVABLE - COMPATIBLE

CHARITABLE:



SPECIFIC - MEASURABLE - ACHIEVABLE - COMPATIBLE

| SPIRITUAL: | SPIRITUAL: |
|---|---|
| PHYSICAL: | PHYSICAL: |
| FINANCIAL: | FINANCIAL: |
| MENTAL: | MENTAL: |
| RELATIONAL: | RELATIONAL: |
| PROFESSIONAL: | PROFESSIONAL: |
| CHARITABLE: | CHARITABLE: |
| | |
| My Goals ———————————————————————————————————— | My Goals - SMAC SPECIFIC - MEASURABLE - ACHIEVABLE - COMPATIBLE |
| SMAC | SMAC |
| SMAC SPECIFIC - MEASURABLE - ACHIEVABLE - COMPATIBLE | SMAC SPECIFIC - MEASURABLE - ACHIEVABLE - COMPATIBLE |
| SMAC SPECIFIC - MEASURABLE - ACHIEVABLE - COMPATIBLE SPIRITUAL: | SMAC SPECIFIC - MEASURABLE - ACHIEVABLE - COMPATIBLE SPIRITUAL: |
| SMAC SPECIFIC - MEASURABLE - ACHIEVABLE - COMPATIBLE SPIRITUAL: PHYSICAL: | SMAC SPECIFIC - MEASURABLE - ACHIEVABLE - COMPATIBLE SPIRITUAL: PHYSICAL: |
| SMAC SPECIFIC - MEASURABLE - ACHIEVABLE - COMPATIBLE SPIRITUAL: PHYSICAL: FINANCIAL: | SMAC SPECIFIC - MEASURABLE - ACHIEVABLE - COMPATIBLE SPIRITUAL: PHYSICAL: FINANCIAL: |

CHARITABLE: